

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Complete, Balanced Nutrition®

PEDIASure GROW & GAIN is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age. May be used as the sole source of nutrition or as a supplement. For oral or tube feeding. Use under medical supervision.



Features

- Clinically proven* to help kids grow.^{1,2,3,4,5,6}
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Excellent source of calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{7,8}
- #1 Pediatrician-recommended brand.
- No artificial growth hormones.[†]
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children at risk for malnutrition, 2 servings daily.

¹ Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

[†] No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.

² Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

³ Fisberg M, et al. Int Pediatr. 2002;17:216-222.

⁴ Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

⁵ Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

⁶ Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

⁷ Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

⁸ Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number	Item
67535	PediaSure Grow & Gain TN Chocolate / 8 fl oz (237 mL) Bottle / 24 ct

Ingredients

Chocolate Liquid

Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Cocoa Powder (Processed with Alkali), Soy Protein Isolate. Less than 0.5% of: Vitamins & Minerals (Calcium Phosphate, Potassium Chloride, Potassium Citrate, Potassium Phosphate, Magnesium Phosphate, Calcium Carbonate, Ascorbic Acid, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Potassium Iodide, Vitamin D3, Vitamin B12, Menaquinone-7), Cellulose Gel, Natural & Artificial Flavors, Tuna Oil*, Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Salt, Potassium Hydroxide, Inositol, Turmeric Color, Taurine, Stevia Leaf Extract, L-Carnitine, Red 3, and Lutein.

* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	10	
Carbohydrate, g	33	
Dietary Fiber, g	1	
Total Sugars, g	9	
Added Sugars, g	9	
L-Carnitine, mg	4.0	
Taurine, mg	18	
Water, g	200	
Calories	240	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	



Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	12	
Molybdenum, mcg	9	
Water, mL	NA	NA

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.